Executive Functions in Children's Everyday Lives

This volume has as its primary aim the examination of issues concerning executive function and frontal lobe development. While many texts have addressed these issues, this is the first to do so within a specifically developmental framework. This area of cognitive function has received increasing attention over the past decade, and it is now established that the frontal lobes, and associated executive functions, are critical for efficient functioning in daily life. It is also clear, and of particular relevance to this text, that these functions develop gradually through childhood, and then deteriorate during old age. These developmental trajectories, and the impact of any interruption to them, are the focus of this volume.

ADHD Coaching

Executive dysfunction occurs in many clinical conditions and has significant impact on multiple facets of life. This book summarizes executive function and dysfunction for practitioners, researchers and educators, covering lifespan development, assessment, impact and interventions. Drawing together clinical, neurobiological and developmental viewpoints, the authors summarize the latest research findings in practical and applied terms, and review conceptual approaches to assessing and identifying executive function and dysfunction. Several chapters are devoted to practical aspects of executive dysfunction, including research-based treatment strategies, educational implications, forensic cautions and intervention resources. Executive dysfunction in ADHD, LD, MR, autism, mood disorders, epilepsy, cancer and TBI is covered, with test performance, neuropsychological and clinical presentation for these clinical conditions. The book concludes with anticipation of future work in the field. This is a key reference for medical, psychological and educational professionals who work with children, adolescents and young adults in clinical and educational settings.

New Developments in Diagnosing, Assessing, and Treating ADHD

Discover a way to end constant power struggles with your defiant, oppositional, “impossible” 5- to 12-year-old, with the help of leading child psychologist Russell A. Barkley. Dr. Barkley’s approach is research based, practical, and doable—and leads to lasting behavior change. Vivid, realistic stories illustrate what the techniques look like in action. Step by step, learn how you can: *Harness the power of positive attention and praise. *Use rewards and incentives effectively. *Stay calm and consistent—even on the worst of days. *Establish a time-out system that works. *Target behavioral issues at home, in school, and in public places. Thoroughly revised to include the latest researches and 15 years’ worth of research advances, the second edition also reflects Dr. Barkley’s ongoing experiences with parents and kids. Helpful questionnaires and forms can be downloaded and printed in a convenient 8 1/2” x 11” size. Mental health professionals, see also the related title, Defiant Children, Third Edition: A Clinician’s Manual for Assessment and Parent Training. For a teen focus, see also Defiant Teens, Second Edition (for professionals), and Your Defiant Teen, Second Edition (for parents), by Russell A. Barkley and Arthur L. Robin. Winner--Parents’ Choice “Approved” Award

Parent-Teen Therapy for Executive Function Deficits and ADHD

For over 100 years, ADHD has been seen as essentially a behavior disorder. Recent scientific research has developed a new paradigm which recognizes ADHD as a developmental disorder of the cognitive management system of the brain, its executive functions. This cutting-edge book pulls together key ideas of this new understanding of ADHD, explaining them and describing in understandable language scientific research that supports this new model. It addresses questions like: - Why can those with ADHD focus very well on some tasks while having great difficulty in focusing on other tasks they recognize as important? - How do impairments of ADHD change from childhood through adolescence and in adulthood? - What treatments help to improve ADHD impairments? How do they work? Are they safe? - Why do those with ADHD have additional emotional, cognitive, and learning disorders more often than most others? - What commonly-held assumptions about ADHD have now been proven wrong by scientific research? Psychiatrists, psychologists, social workers, and other medical and mental health professionals, as well as those affected by ADHD and their families, will find this to be an insightful and invaluable resource.

12 Principles for Raising a Child with ADHD

Third edition of the award-winning, best-selling guide for parents and professionals to understanding and helping teens with attention deficit disorders. This is the one-stop source of up-to-date, scientifically accurate, and reassuring information written by parent, teacher, school psychologist, mental health counselor, and advocate Chris Dendy. Her book looks at key areas -- academics, dating, driving, socialising, and greater independence -- that make adolescence potentially more difficult for children with ADD, ADHD, or Executive Function Deficits (EFD). The book gives parents guidance on everything from understanding the diagnosis to treatment options, and from behavioural and academic issues, to parent involvement and advocacy. The new edition includes new and expanded information on: latest diagnostic criteria in the DSM-V; new research on attention deficits and executive function deficits and treatment options; the link between ADHD and EFD; new medications and research on treatment effectiveness; concentration deficit disorder or slow cognitive tempo, a new diagnosis that some experts are advocating for to describe a subset of kids with inattentive ADHD (low energy, daydreaming, slow processing of information); using technology (apps, smartphones and tablets) to help teens to compensate for ADHD-related difficulties; flipped classrooms (teachers send videos of lectures/explanations of concepts home for children to watch for homework and class so they can provide feedback as they work); updates on educational laws/regulations that affect students with ADHD. The author recommends a combination approach to treatment which includes using medications, behaviour and academic interventions and accommodations, ADHD education, and exercise. In addition, she discusses the role of executive function problems and how they relate to teenagers’ difficulties with organisational skills, long-range planning, and staying on task. Throughout, are the voices of teens, families, and professionals who share their experiences and insights. Armed with the books comprehensive facts and strategies, parents, educators, and therapists can be proactive, working together with teens to build resilience and a hopeful future.
Handbook of Executive Functioning

The Barkley Deficits in Executive Functioning Scale–Children and Adolescents (BDEFS-CA) is an empirically based tool for evaluating clinically significant dimensions of child and adolescent executive functioning. Evidence indicates that the BDEFS-CA is far more predictive of impairments in daily life activities than more time-consuming and costly traditional EF tests. The BDEFS-CA offers an ecologically valid snapshot of the capacities involved in time management, organization and problem solving, self-restraint, self-motivation, and self-regulation of emotions. Two parent-report forms are included: a long form (10-15 minutes) and a short form (3-5 minutes). There is also a short clinical interview form based on the short-form rating scale. It is designed for unusual circumstances where a parent is unable to complete a rating scale. Special features include an ADHD risk index in the long form. Complete instructions for scoring and interpreting the scale are provided. QUICK VIEW What does it do?: Provides an ecologically valid assessment of executive functioning deficits in daily life activities. Age Range: 6-17 Administration Time: Long Form: 10-15 minutes. Short Form: 3-5 minutes. Format: Parent-report rating scale. Cost of Additional Forms: No cost purchasers get permission to reproduce the forms and score sheets for repeated use. See also the Barkley Deficits in Executive Functioning Scale (BDEFS for Adults) and Barkley’s authoritative book on EF development and deficits, Executive Functions. Also available: Barkley Functional Impairment Scale–Children and Adolescents (BFIS-CA). Includes Permission to Photocopy Enhancing the convenience and value of the BDEFS-CA, the limited photocopy license allows purchasers to reproduce the forms and score sheets and yields considerable cost savings over other available scales. The large format and sturdy wire binding facilitate photocopying. Age range: 6-17.

Barkley Sluggish Cognitive Tempo Scale–Children and Adolescents (BSCTS-CA)

This uniquely integrative book brings together research on executive function processes from leaders in education, neuroscience, and psychology. It focuses on how to apply current knowledge to assessment and instruction with diverse learners, including typically developing children and those with learning difficulties and developmental disabilities. The role of executive function processes in learning is examined and methods for identifying executive function difficulties are reviewed. Chapters describe scientifically grounded models for promoting these key cognitive capacities at the level of the individual child, the classroom, and the entire school. Implications for teaching particular content areas—reading, writing, and math—are also discussed.

The Distracted Couple

This highly practical book provides evidence-based strategies for helping adults with ADHD build essential skills for time management, organization, planning, and coping. Each of the 12 group sessions—which can also be adapted for individual therapy—is reviewed in step-by-step detail. Handy features include quick-reference Leader Notes for therapists, engaging in-session exercises, and reproducible take-home notes and homework assignments. The paperback edition includes the adult ADHD criteria from DSM-5. The treatment program presented in this book received the Innovative Program of the Year Award from CHADD (Children and Adults with ADHD).

Understand Your Brain, Get More Done

This indispensable manual presents an easy-to-implement intervention with proven effectiveness for children with ADHD in grades 3 to 5. Organizational skills training helps kids develop essential skill sets for organizing school materials, tracking assignments, and completing homework and other tasks successfully. Clinicians are provided with detailed session-by-session instructions and all of the tools needed to implement the program in collaboration with parents and teachers. In a large-size format for easy photocopying, the book includes nearly 100 reproducible handouts and forms. Purchasers also get access to a Web page where they can download and print the reproducible materials. See also the related parent guide from Gallagher et al., The Organized Child: An Effective Program to Maximize Your Kid’s Potential in School and in Life.

Attention, Memory, and Executive Function

From the author of the highly acclaimed Teenagers with ADD comes a new book especially for teachers of teenagers with attention deficit disorder. This book contains concise summaries of over fifty key issues related to ADD and school success. From understanding the basics of ADD to using effective interventions, everything a teacher needs to know is included in this book. Busy teachers and administrators will appreciate the ease of using this quick reference. Parents who see their children struggling can use this book at home, especially when faced with homework difficulties, and to help to co-ordinate efforts with teachers. Particularly helpful for the home-school partnership are the many blank forms and checklists, suitable for photocopying. An invaluable tool, this book gives teachers what they need to know in order to support their students and help them to succeed in school.

Barkley Adult ADHD Rating Scale-IV (BAARS-IV)

This groundbreaking book offers a comprehensive theory of executive functioning (EF) with important clinical implications. Synthesizing cutting-edge neuropsychological and evolutionary research, Russell A. Barkley presents a model of EF that is rooted in meaningful activities of daily life. He describes how abilities such as emotion regulation, self-motivation, planning, and working memory enable people to pursue both personal and collective goals that are critical to survival. Key stages of EF development are identified and the far-reaching individual and social costs of EF deficits detailed. Barkley explains specific ways that his model may support much-needed advances in assessment and treatment. See also Barkley’s empirically based, ecologically valid assessment tools: Barkley Deficits in Executive Functioning Scale (BDEFS for Adults) and Barkley Deficits in Executive Functioning Scale–Children and Adolescents (BDEFS-CA).

Executive Skills in Children and Adolescents

This user-friendly manual presents an innovative, tested approach to helping teens overcome the frustrating organizational and motivation problems associated with executive function deficits and attention-deficit/hyperactivity disorder (ADHD). The Supporting Teens’ Autonomy Daily (STAND) approach uses motivational interviewing (MI) to engage teens and their parents in building key compensatory skills in organization, time management, and planning. Parent training components ease family conflict and equip parents to support kids’ independence. Ready-to-use worksheets and rating scales are provided; the book has a large-size format for easy photocopying. Purchasers get access to a Web page where they can download and print all 45 reproducible tools.

Attention Deficit Disorder

To diagnose a mental disorder or evaluate a disability claim, clinicians must assess functional impairment—not just the presence of symptoms. Meeting a key need, the Barkley Functional Impairment Scale (BFIS) is the first empirically based, norm-referenced tool designed to evaluate possible impairment in 15 major domains of psychosocial functioning in adults. Featuring both self-report and other-report forms (for example, spouse, parent, or sibling), the BFIS is reliable, valid, and user friendly. The long version takes the average adult 5-7 minutes to complete, and the Quick Screen takes only 3-5 minutes. Complete instructions for scoring and interpreting the scale are provided. Includes Permission to Photocopy Enhancing the convenience and value of the BFIS, the limited photocopy license allows purchasers to reproduce the forms and score sheets without the expense of reordering materials from the publisher. The large format and sturdy wire binding facilitate photocopying.

Late, Lost and Unprepared

This bestselling guide provides step-by-step guidelines and practical tools to promote executive skill development. Includes more than two dozen reproducible assessment tools, checklists, and planning sheets.
Executive Function

This groundbreaking book offers a comprehensive theory of executive functioning (EF) with important clinical implications. Synthesizing cutting-edge neuropsychological and evolutionary research, Russell A. Barkley presents a model of EF that is rooted in meaningful activities of daily life. He describes how abilities such as emotion regulation, self-motivation, planning, and working memory enable people to pursue both personal and collective goals that are critical to survival. Key stages of EF development are identified and the far-reaching individual and social costs of EF deficits detailed. Barkley explains specific ways that his model may support much-needed advances in assessment and treatment. See also Barkley’s empirically based, ecologically valid assessment tools: “Barkley Deficits in Executive Functioning Scale (BDFS for Adults)” and “Barkley Deficits in Executive Functioning Scale—Children and Adolescents (BDFS-CA).”

Taking Charge of Adult ADHD

In total, this volume addresses many of the issues that couples face when either one or both partners has ADHD and the many ways that clinicians can help them in dealing with these issues. Although historically the diagnosis and treatment of ADHD have focused on children, more recently clinicians and researchers have explored the impact of ADHD on adults. Few, however, have focused on the effects of adult ADHD on relationships and marriages, which makes this a must-read for all of those interested in and working with adults with ADHD.

What Causes ADHD?

Attention deficit hyperactivity disorder (ADHD) is a common neurobehavioral disorder affecting 5–10% of children and adolescents and 3% of adults. Attention Deficit Hyperactivity Disorder: From Genes to Patients aims to provide a comp- hensive, state-of-the-art overview of the critical aspects of ADHD, and hopefully will serve as a quick and up-to-date reference source for professionals with an interest in ADHD. The book is divided into three major areas that follow an historical survey. The first group of chapters deals with current theories on the pathophysiology of ADHD, and focuses on neurotransmitters and the contributions and validity of animal models. The second section emphasizes the evaluation and treatment of patients with ADHD, from the day-to-day approach by the clinical psychologist to the more sophisticated anatomical and functional imaging strategies that have emerged in the last decade. In addition, chapters dealing with specific impairments, such as those pertaining to reading, social interaction, and working memory, are also included for more detailed analysis of these important aspects and their respective contributions to global functioning. The third and final section provides an expanded review on the pharmacotherapy of ADHD, with a discussion of the potential benefits of specific drugs and their individual parameters based on drug kinetics and pharmacodynamic action.

Sluggish cognitive tempo (SCT) is increasingly recognized as a valid attention disorder distinct from attention-deficit/hyperactivity disorder (ADHD). ADHD causes challenges not only for the patient but also for their parents, siblings, teachers, and other significant people in their lives. They have an increased vulnerability to addiction and crime. Controversially, stimulants are the primary choice for treatment of ADHD in medical management, and the side effects of this long-term pharmacological management has raised many questions. Psychosocial management including parent training, behavior therapy, and educational inputs are also major components of treatment and should not be ignored. Thus, it is vital to explore the latest best practices for the diagnosis, assessment, and management of ADHD. New Developments in Diagnosing, Assessing, and Treating ADHD is a collection of research on innovations in the management of ADHD. While highlighting topics including adolescent care, neurological disorders, and mental health, this book is ideally designed for academicians, clinicians (especially psychiatrists, clinical psychologists, and pediatricians), social workers, psychiatric nurses, rehabilitation centers, researchers, and students interested in the handling of this disorder and the long-term effects and social risk factors associated with treatment.

Attention Deficit Hyperactivity Disorder

Cognitive-Behavioral Therapy for Adult ADHD

It seems as though each day more children are diagnosed with attention-deficit/hyperactivity disorder (ADHD). ADHD causes challenges not only for the patient but also for their parents, siblings, teachers, and other significant people in their lives. They have an increased vulnerability to addiction and crime. Controversially, stimulants are the primary choice for treatment of ADHD in medical management, and the side effects of this long-term pharmacological management has raised many questions. Psychosocial management including parent training, behavior therapy, and educational inputs are also major components of treatment and should not be ignored. Thus, it is vital to explore the latest best practices for the diagnosis, assessment, and management of ADHD. New Developments in Diagnosing, Assessing, and Treating ADHD is a collection of research on innovations in the management of ADHD. While highlighting topics including adolescent care, neurological disorders, and mental health, this book is ideally designed for academicians, clinicians (especially psychiatrists, clinical psychologists, and pediatricians), social workers, psychiatric nurses, rehabilitation centers, researchers, and students interested in the handling of this disorder and the long-term effects and social risk factors associated with treatment.

Your Defiant Child, Second Edition

Sluggish cognitive tempo (SCT) is increasingly recognized as a valid attention disorder distinct from attention-deficit/hyperactivity disorder. The culmination of more than 10 years of research and development, The Barkley Sluggish Cognitive Tempo Scale is the first empirically based, norm-referenced tool designed to assess SCT symptoms (for example, chronic daydreaming, inability to focus, and lethargy) in the daily life activities of 6- to 17-year-olds. The scale typically takes a parent less than 5 minutes to complete. Detailed instructions for scoring and interpretation are provided. Also included is a clinical interview form based on the rating scale, for use in unusual circumstances where a parent is unable to fill out a rating scale. QUICK VIEW: What does it do?: Assesses concentration deficits in the daily life activities of children and adolescents. Age Range: 6/717. Administration Time: Less than 5 minutes. Format: Parent-report rating scale. Cost of Additional Forms: No cost—purchasers get permission to reproduce the forms and score sheets for repeated use. See also the Barkley Sluggish Cognitive Tempo Scale—Children and Adolescents (BSCTS-CA) and the Barkley Functional Impairment Scale—Children and Adolescents (BFIS-CA). Includes Permission to Photocopy: Enhancing the convenience and value of the BSCTS-CA, the limited photocopy license allows purchasers to reproduce the forms and score sheets and yields considerable cost savings over other available scales. The large format and sturdy wire binding facilitate photocopying. Age Range: 6/717 Forms and Profiles BSCTS-CA Parent Rating Scale BSCTS-CA Parent Interview BSCTS-CA SCT Profile (Age 6/711, Males Only) BSCTS-CA SCT Profile (Age 6/717, Males Only) BSCTS-CA SCT Profile (Age 6/717, Females Only) BSCTS-CA SCT Profile (Age 6/717, Females Only)

Executive Function and Dysfunction

This practical manual presents an evidence-based coaching model for helping students whose academic performance is suffering due to deficits in executive functioning, including time and task management, planning, organization, impulse control, and emotional regulation. In just a few minutes a day, coaches can provide crucial support and instruction tailored to individual students’ needs. From leading experts, the book provides detailed guidelines for incorporating coaching into a response-to-intervention framework, identifying students who can benefit, conducting each session, and monitoring progress. Key topics include how to implement a classwide peer coaching program. More than three dozen reproducible assessment tools,
forms, and handouts are featured; the large-size format and lay-flat binding facilitate photocopying. Purchasers also get access to a Web page where they can download and print the reproducible materials. This book is in The Guilford Practical Intervention in the Schools Series, edited by T. Chris Riley-Tillman. See also the authors' Work-Smart Academic Planner: Write It Down, Get It Done, designed for middle and high school students to use in conjunction with coaching, plus the authoritative Executive Skills in Children and Adolescents, Second Edition. Also from Dawson and Guare: Smart but Scattered parenting guides and a self-help guide for adults.

Executive Function in Education, First Edition

Renowned authority Russell Barkley provides a radical shift of perspective on ADHD. He argues that the disorder is not at root attentional, but rather a developmental problem of self-control. Offering new directions for thinking about and working with those with ADHD, this model has far-reaching implications for clinical practice.

Teaching Teens with ADD and ADHD

Providing a new perspective on ADHD in adults, this compelling book analyzes findings from two major studies directed by leading authority Russell A. Barkley. Groundbreaking information is presented on the significant impairments produced by the disorder across major functional domains and life activities, including educational outcomes, work, relationships, health behaviors, and mental health. Thoughtfully considering the treatment implications of these findings, the book also demonstrates that existing diagnostic criteria do not accurately reflect the way ADHD is experienced by adults, and points the way toward developing better criteria that center on executive function deficits. Accessible tables, figures, and sidebars encapsulate the study results and methods.

Barkley Functional Impairment Scale--Children and Adolescents (BFIS-CA)

This study aimed to translate the Barkley's Deficits in Executive Functioning Scale (BDEFS-CA) for Spanish-speaking children and adolescents and examine its factor structure. Four hundred and seventy-four (474) adult parents of children ages 6-17 completed the BDEFS-CA online through the Psych Data portal. The BDEFS-CA is a 70 item parent-report scale that measures deficits in Executive Functions (EF) in daily life activities. It includes the following subscales: Self-Regulation of Emotion, Self-Organization/Problem Solving, Self-Management to Time, Self-Motivation, and Self-Restraint/Inhibition. Sociodemographic, health history data, and data on child ADHD were collected. Exploratory factor analyses and inter-scale correlations were conducted, as well as correlations with child ADHD symptoms. The Spanish language version of the BDEFS-CA presents a 5-factor structure as expected. Results are consistent with the original English language version and with what has been published about BDEFS adult version in Spanish. Cronbach's alphas ranged from .939 to .987. High to moderate correlations were found between the five subscales and ADHD symptoms. Scale inter-correlation patterns were as expected. The BDEFS-CA is a valid and reliable measure of deficits in EF for Spanish-speaking children and adolescents. An increase in early detection and diagnosis of EF deficits is essential to treat strategies in children and adolescents with ADHD.

ADHD and the Nature of Self-control

Executive Functions in Children's Everyday Lives displays the diversity and complexity of the executive system that underlies children's everyday life experiences. Acquisition of executive functions, such as interpreting communication cues and the perspectives of others, is foundational to and a function of children's early social and communicative competencies. From the soccer field to the classroom, executive functions support children's strategic thinking and control of their environment. Knowing about executive functions and how this system of cognitive resources emerges in young children is important in understanding children's development. Recent research points to the importance of considering environmental influences on the executive system. This book is unique in its focus on how experiences in children's early lives influence and are influenced by executive functions. Viewing executive functions through this broad lens is critical for professionals who intervene when children's access to executive functions is less than optimal. This book addresses a wide range of topics, including the neurological basis of executive functions in young children, the assessment of children's executive functions, theoretical and historical conceptions of executive functions, the relations between executive functions and theory of mind, multilingualism, early school transitions, and the relationship of executive functions to Autism and ADHD. This volume will be useful to professionals in applied psychology, undergraduate and graduate students, and social science and applied researchers.

A New Understanding of ADHD in Children and Adults

From a 1994 working conference at the National Institutes of Health, Rockville, Maryland, researchers in psychology, neuropsychology, special education, and medicine present theory and research on three central cognitive processes--attention, memory, and executive function--and explain how their findings can help clinicians assess and remediate reading and attention disorders. Annotation copyright by Book News, Inc., Portland, OR

Assessment and Intervention for Executive Function Difficulties

The Barkley Deficits in Executive Functioning Scale (BDEFS) is an empirically based tool for evaluating dimensions of adult executive functioning in daily life. Evidence indicates that the BDEFS is far more predictive of impairments in major life activities than more time-consuming and costly traditional EF tests. The BDEFS offers an ecologically valid snapshot of the capacities involved in time management, organization and problem solving, self-restraint, self-motivation, and self-regulation of emotions. It comprises both self- and other-reports in a long form (15-20 minutes) and a short form (4-5 minutes). Special features include an adult ADHD risk index in the long form. Complete instructions for scoring and interpreting the scale are provided. See also the Barkley Deficits in Executive Functioning Scale--Children and Adolescents (BDEFS-CA) and Barkley's authoritative book on EF development and deficits, Executive Functions. Also available: Barkley Adult ADHD Rating Scale--IV (BAARS-IV) and Barkley Functional Impairment Scale (BFIS for Adults). Includes Permission to Photocopy Enhancing the convenience and value of the BDEFS, the limited photocopy license allows purchasers to reproduce the forms and score sheets and yields considerable cost savings over other available scales. The large format and sturdy wire binding facilitate photocopying.

Barkley Deficits in Executive Functioning Scale--Children and Adolescents (BDEFS-CA)

Synthesizing a wealth of recent neuropsychological research, this groundbreaking book focuses on the multiple pathways by which attention-deficit/hyperactivity disorder (ADHD) develops. Joel T. Nigg marshals the best available knowledge on what is actually going on in the symptomatic child's brain and why, tracing the intersecting causal influences of genetic, neural, and environmental factors. In the process, the book confronts such enduring controversies as the validity of ADHD as a clinical construct. Specific suggestions are provided for studies that might further refine the conceptualization of the disorder, with significant potential benefits for treatment and prevention.

ADHD in Adults

To diagnose a mental disorder or make a disability determination, clinicians must assess functional impairment—not just the presence of symptoms. Meeting a key need, the Barkley Functional Impairment Scale--Children and Adolescents (BFIS-CA) is an empirically based, norm-referenced tool that exceeds other available scales in its comprehensive coverage of domains of psychosocial impairment. The BFIS-CA is designed to obtain parent reports on possible impairment in 15 different domains of everyday activities for children and teens. The scale typically takes a parent 5-7 minutes to complete. Also included is a follow-up parent interview form for obtaining more information about specific problem areas. Complete instructions for scoring and interpreting the scale are provided. Age range: 6-17. See also the Barkley Deficits in Executive Functioning Scale--Children and Adolescents (BDEFS-CA), which assesses clinically significant executive functioning difficulties. Includes Permission to Photocopy Enhancing the convenience and value of the BFIS-CA, the limited photocopy license allows purchasers to reproduce the forms and score sheets and yields considerable cost savings over other available scales. The large format and sturdy wire binding facilitate photocopying.

Translation and validation of Barkley's Deficits in Executive Functioning Scale for Puerto Rican children and adolescents
In Assessment and Intervention for Executive Function Difficulties, McCloskey, Perkins, and Diviner provide a unique blend of theory, research, and practice that offers clinicians an overarching framework for the concept of executive functions (EFs) in educational settings. The conceptual model of executive functions is detailed, including their role in behavior, learning, and production across all settings. The heart of the book focuses on the practical issues involved in the use of assessment tools, tests, report writing, and the implementation and follow-up of targeted interventions using the EF model. Six case studies are introduced in Chapter 1 and followed throughout the book, building understanding of the executive function difficulties of each child, assessment for identifying the difficulties, and interventions for dealing with the difficulties. An additional case study is discussed in detail in one of the concluding chapters, and a companion CD will provide the practitioner with a wealth of assessment forms, parent and teacher handouts, behavior tracking charts, and report/documentation forms.

Executive Functions

"From his decades of research and work with thousands of families, leading authority Russell A. Barkley knows how overwhelming the everyday challenges of ADHD can be. This unique book guides parents to help their child or teen thrive and keep their loving connection strong, even in hot-button situations. Dr. Barkley presents 12 key parenting principles that address the most common problems that ADHD poses, such as family conflicts, difficult behavior, school problems, out-of-control emotions, and parental stress. He shows how cultivating a mindset of acceptance and compassion—together with an understanding of the executive function deficits of ADHD—gives parents powerful new tools for supporting their child's success. Concise, inspiring, and filled with quick-reference lists and tips, this is the perfect book for parents to read cover to cover or pick up any time they need extra support"—

Organizational Skills Training for Children with ADHD

People with ADHD often struggle with time management, staying organized, maintaining relationships, and other life skills. Professional coaching can help them overcome these obstacles and regain confidence in their own problem-solving abilities. This book is an A-Z guide for mental health professionals who want to develop or expand their ADHD Coaching skills. Drawing on over a decade of research and clinical work with ADHD clients, Frances Prevatt and Abigail Levinski have established an empirically-based model for ADHD Coaching. Their approach uses elements of cognitive behavioral theory and psycho-education to target executive functioning deficits, and focuses on clients' key improvements. This book describes the underlying principles as well as the nuts and bolts of ADHD Coaching. Step-by-step details for gathering information, conducting the intake, establishing goals and objectives, and working through all stages of coaching are included, along with helpful forms and a detailed list of additional resources. The practicalities of setting up a practice, as well as professional issues are covered, and five richly detailed case studies illustrate how to help adults, college students, and adolescents who present with a variety of ADHD symptoms.

Teenagers with ADD and ADHD

This 8.5 x 11 comb-bound workbook provides a master set of the assessment and treatment forms, questionnaires, and handouts recommended by Barkley in Attention-Deficit Hyperactivity Disorder: A Handbook for Diagnosis and Treatment, Second Edition. Formatted for easy photocopying, many of these materials are available from no other source. All child and adult interview forms and rating scales have been completely revised for DSM-IV and new norms for many of the scales have been provided. Also included are fact sheets for parents and teachers of children with ADHD, as well as ADHD-diagnosed adults; daily school report cards for monitoring academic progress; and more.

Smart but Scattered

For adults with ADHD, problems with attention, planning, problem solving, and controlling emotions can make daily life an uphill battle. Fortunately, effective help is out there. No one is a better guide to how to get the best care—and what sufferers can do for themselves—than renowned ADHD researcher/clinician Russell A. Barkley. Dr. Barkley provides step-by-step strategies for managing symptoms and reducing their harmful impact. Readers get hands-on self-assessment tools and skills-building exercises, plus clear answers to frequently asked questions about medications and other treatments. Specific techniques are presented for overcoming challenges in critical areas where people with the disorder often struggle—work, finances, relationships, and more. Finally, an authoritative one-stop resource for adults with ADHD who are ready to take back their lives. See also Dr. Barkley's bestselling resource on childhood ADHD, Take Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents.

Executive Functions

The Barkley Adult ADHD Rating Scale-IV (BAARS-IV) offers an essential tool for assessing current ADHD symptoms and domains of impairment as well as recolections of childhood symptoms. Directly linked to DSM-IV diagnostic criteria, the scale includes both self-report and other-report forms (for example, spouse, parent, or sibling). Not only is the BAARS-IV empirically based, reliable, and valid, but it is also exceptionally convenient to use. The long version takes the average adult 5-7 minutes to complete, and the Quick Screen takes only 3-5 minutes. Special features include a section of items assessing the newly identified symptoms of sluggish cognitive tempo, also known as the inattentive-only subtype of ADHD. Complete instructions for scoring and interpreting the scale are provided. See also the Barkley Deficits in Executive Functioning Scale (BDEFS for Adults), which assesses clinically significant executive functioning difficulties, and the Barkley Functional Impairment Profile (BIP) for Adults, which evaluates 15 major domains of psychosocial functioning. Includes Permission to Photocopy Enhancing the convenience and value of the BAARS-IV, the limited photocopy license allows purchasers to reproduce the forms and score sheets and yields considerable cost savings over other available scales. The large format and sturdy wire binding facilitate photocopying.

Executive Functions and the Frontal Lobes

The groundbreaking, nationally recognized Next Chapter Book Club (NCBC) provides rewarding learning and social opportunities for hundreds of people with intellectual disabilities. This new guide shows you how to use the innovative NCBC model to set up a successful book club where members read aloud together, improve literacy or read for the first time, and make lasting friendships as they discuss books every week at their local coffee shop or bookstore. Developed in 2002 by Tom Fish and his colleagues at The Ohio State University Nisonger Center, the NCBC program now boasts more than 100 clubs. The authors share their experience, providing the practical, nuts and bolts steps you need to take to get a book club up and running. Clubs include five to eight members all ages and literacy levels are welcome -- and discussion is facilitated by two trained volunteers. Much like other book clubs, NCBC members choose how they want to structure their club and which books they want to read. This book covers all aspects of sponsoring, organizing and implementing a book club in any community. Facilitators get title suggestions, learn how to manage their group, use strategies to initiate or improve reading skills, and encourage social interaction. NCBC also provides ongoing training and support to facilitators. A handy CR-rom included in the book provides several dozen key forms and templates, such as Member and Facilitator Intake Forms; End of Book Survey, and Scale of Literary Skills. The enrichment of the NCBC experience continues to exceed the expectations of everyone involved; no club has ever disbanded! In addition to improving their reading skills and making friends, participants become connected to their community because they go regularly to a social meeting place where all kinds of people gather. Don't wait to set-up a book club in your neighborhood The Next Chapter Book Club tells you how. Its easy and fun. Teachers, parents, social service providers and prospective members will want a copy.

Attention-deficit Hyperactivity Disorder

There's nothing more frustrating than watching your bright, talented son or daughter struggle with everyday tasks like finishing homework, putting away toys, or following instructions at school. Your "smart but scattered" 4- to 13-year-old might also have trouble coping with disappointment or managing anger. Drs. Peg Dawson and Richard Guare have great news: there's a lot you can do to help. The latest research in child development shows that many kids who have the brain and heart to succeed are unharnessed. In crucial "executive skills," the fundamental habits of mind required for getting organized, staying focused, and controlling impulses and emotions. Learn easy-to-follow steps to identify your child's strengths and weaknesses, use activities and techniques proven to boost specific skills, and problem-solve daily routines. Helpful worksheets and forms can be downloaded and printed in a convenient 8 1/2" x 11" size. Small changes can add up to big improvements--this empowering book shows how. See also the authors' Smart but Scattered Teens and their self-help guide for adults. Plus, an academic planner for middle and high school students and related titles for professionals.
Barkley Deficits in Executive Functioning Scale (BDEFS)

A new understanding of ADD, along with practical information on how to recognize and treat the disorder. A leading expert in the assessment and treatment of Attention Deficit Disorder/Attention Deficit/Hyperactivity Disorder dispels myths and offers reassuring, practical information about treatments. Drawing on recent findings in neuroscience and a rich variety of case studies from his own clinical practice, Dr. Thomas E. Brown describes what ADD syndrome is, how it can be recognized at different ages, and how it can best be treated. This is the first book to address the perplexing question about ADD: how can individuals, some very bright, be chronically unable to "pay attention," yet be able to focus very well on specific tasks that strongly interest them? Dr. Brown disputes the "willpower" explanation and explains how inherited malfunctions of the brain's management system prevent some people from being able to deal adequately with challenging tasks of childhood, adolescence, and adulthood. His book is an authoritative and practical guide for physicians and psychologists, parents and teachers, and the 7 to 9 percent of persons who suffer from ADD/ADHD.